

COW FACTS

TAKE THIS QUICK COW QUIZ TO TEST YOUR MILK KNOWLEDGE:

1. _____% of dietary calcium in the US. comes from milk and other dairy foods!
2. Milk is a great source of _____ which helps build muscle.
3. A working milk cow has to have a _____ in order to lactate (make milk)
4. _____ cows give more volume of milk.
5. _____ cows give more butterfat in their milk.

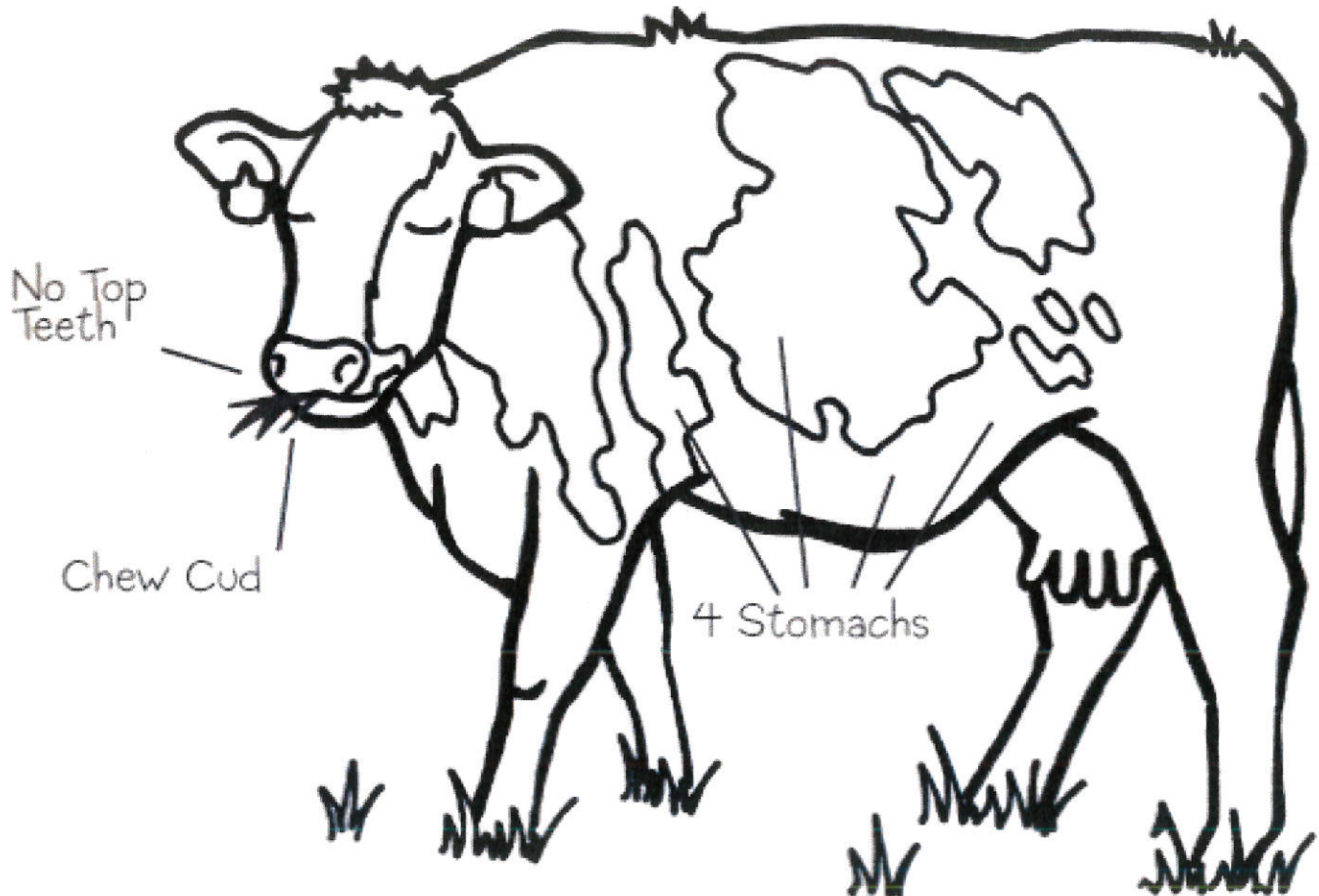
ANSWERS: 1. 72% 2. PROTEIN 3. BABY CALF 4. HOLSTEIN 5. JERSEY

GUESS WHICH BREED IS NOT A HATCHER FAMILY DAIRY COW:

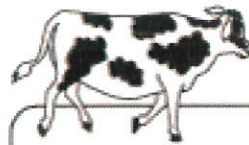
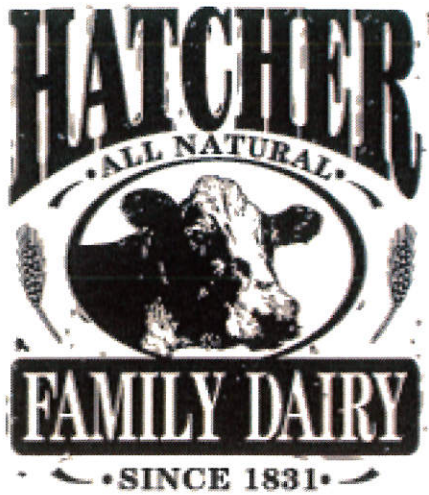
- A. Holstein, Jersey
- B. Brown Swiss
- C. Mixed Breed Holsteins
- D. Chocolate Sprinkles

COW ANATOMY...

A Cow is a Ruminant Animal.



Cows are Uniquely Suited to Turn Fiber into Milk



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1. Cows consume _____ Gallons of water per day
That's nearly a bathtub full!
2. Cows eat about _____ pounds of food a day
3. One Cow Produces an Average _____ Gallons of Milk a Day
4. Cows have _____ stomachs (You have just one!)
5. A cow gives nearly _____ glasses of milk in her lifetime.

ANSWERS: 1 Forty 2 Forty 3 Eighty 4 Eighty 5 Two Hundred Thousand

COW LINGO

- COW - Mature Female
- HEIFER - Young Female
- STEER - Castrated Male
- BULL - Male
- DRY COW - A Cow That's Not Milking
- 1st CALF HEIFER - 1st Year Milking

DID YOU KNOW?

A Holstein's spots are like a fingerprint or snowflake. No two cows have exactly the same pattern of spots!

